

Route Description: Cockersands Abbey and Plover Scar Lighthouse from Glasson

1. There's a good car park in Glasson Dock village (SD44665 56056 ). Cross the bridge between the marina and the dock, then walk up the main street, turn L at the junction, here you will enjoy splendid views of Sunderland Point and the Lune Estuary. Walk along the pavement to reach the road junction (SD44284 55646) with Dobs Lane.
2. Walk along Dobs Lane, past Old Glasson Farm, (this was the village before the dock was built in 1787). Cross the cattle grid, before the bungalow at Kendal Hill, go through the farm gate (SD44323 54912) on the L then follow the hedge to a stile. Now venture R through a farm gate and immediately turn L and through another. Now follow the farm track between the wire fences. The track eventually turns L, go through the farm gate opposite (SD44301 54624) and continue the same line keeping the ditch on your R. Pass through an iron farm gate, cross the field to reach a stile (SD44417 54280) by the LHS of Gardners Farm. Continue to the next stile to reach Moss Lane. Turn R and walk along the road for about 1km, the road turns very sharp R, here on the L is our footpath (SD43551 54086).
3. Cross the difficult stile (or gate!), follow the grassy path alongside the drainage ditch - to your R is Cockersands Abbey on the skyline and the top of Plover Scar Lighthouse just visible. Cross the footbridge (SD43368 53639), then a 2nd footbridge. Soon there is a 3rd FB that crosses the ditch on your L. Continue on the other side of the ditch to a stile, then follow the path to emerge at the shore between the derelict farm buildings by Bank Houses and the shore.
4. Turn R along the shoreside road, here we have fantastic views of the Cocker estuary, follow the shoreline path along the sea defences, to Cockersands Abbey. Continue beyond the Abbey by Plover Scar Light to reach the Lighthouse Cottage. Continue on the tarmac road along the shore, past Crook Cottage to reach Crook Farm, along this section are superb views across the Lune estuary, it's a good spot to view the red sandy bank of Sunderland Point and the village.
5. Turn away from the shore at Crook Farm, down the farm road and to the well-signed muddy lane. Follow the lane between the tall hedges onto pasture. There's a farm gate (SD43932 55433) by some water, continue along the green lane heading for the caravan park. Through a gate, then pass the entrance to the caravan park on Marsh Lane, continue to the road junction with Dobs Lane (SD44284 55646). Turn L along the road, up the hill using the pavement. Keep R at the junction to descend the main street of Glasson Dock village before crossing the bridge to reach the car park.